

Fragile World On The Spectrum

*Tools for Helping Your Child Feel
“Safe, Accepted, & Competent”*

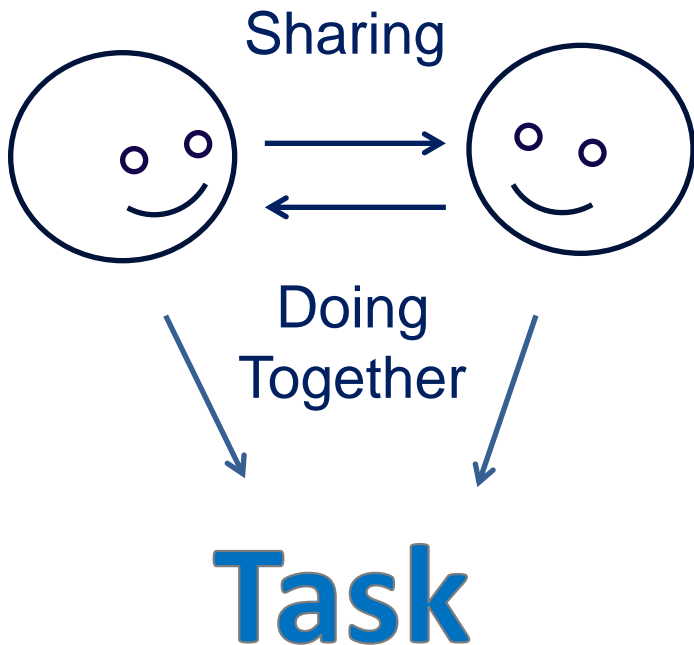


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Teaching Good Apprentice Skills

Teaching Apprentice Skills

We-Do Activities



1. **Social referencing:** Reference others for information, feedback, and to share pleasure
2. **Joint Attention:** Shifting focus from task to partner.
3. **Imitation:** Copying the actions of others
4. **Co-regulation:** Synchronize actions to stay coordinated with another.
5. **Role Coordination:** Coordinating varies roles with partner.

Teach Social Referencing

Ongoing referencing of partner to stay coordinated with them.

Tool #31

Teach Social Referencing

Observing others for information and feedback .

Types of Referencing:

- To share pleasurable moments.
- Information about what to do.
- Information about how to do it.
- To pace himself.
- To stay coordinated with you.
- For feedback on how he is doing.

The child must continually reference you in order to successfully complete the task.

Teach Social Referencing



- Use less words and more nonverbal communication.
- Use exaggerated gestures and animated facial expressions.
- Interact in close proximity, face to face, at eye level.
- If needed, bring child's hands to your face.
- If gaze is lost, pause the activity, and restart when gaze returns.

Teach Social Referencing



- Position self within easy gaze of your face.
- Use animated expressions and gestures to convey information.
- Require referencing to take turns, start and stop, share information, repair breakdowns, and celebrate success.
- When referencing breaks down, pause, or “stop the action,” until child references you.



Teach Referencing Skills



- If needed start with activities where you are the only element.
- You become the only element for information and joy.
- Teach referencing to “share pleasurable moments.”
- Builds motivation to reference you for information and guidance.

Teach Social Referencing



To Share Pleasure



For Information



For Feedback



To Coordinate Activity